

Race Entry Form

Make Checks Payable to: **Alternative House**, PO Box 2100, Lowell, MA 01851

Mail application and payment to: AH, Attn: Road Race, PO Box 2100, Lowell, MA 01851

Last Name

Address (Street, PO Box, Apt. #)

First Name

E-mail:

City

Age on 11/27/08

State Zip Phone

Run Walk 5K 5 Mile

T-Shirt Size:

Female Male

Small Medium Large X-Large

Waiver Must be Read and Signed Before Mailing: I know that running is a potentially hazardous activity. I should not enter or run this event unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this race including, but not limited to, falls, contact with other participants, the effects of weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application, I, for myself and anyone entitled to act on my behalf, waive and release the City of Lowell, The Alternative House, all sponsors, their representatives and successors from all claims of liabilities of any kind, including any claims arising out of negligence of the aforementioned parties, arising out of my participation in this event. I grant permission to all of the foregoing to use any photographs, motion pictures, recording, or any other record of this event for any legitimate purpose.

Signature Required

Parent or Guardian (under 18)

Date

Register online: www.thanks4giving.org

To Walk Sponsors: Pledges are tax deductible.

Name	Address	Collected Pledged Amount
Total Dollars Collected:		\$

SUPPORT ALTERNATIVE HOUSE!

All net proceeds benefit Alternative House's Transitional Housing program (Mary Rita's House) for survivors of domestic violence.



This event is made possible through the effort, time, and dedication of volunteers working to end violence against women and children.